

# Covid 19 Procedures for GSA 2021 Competitions

Gym Sports Academy has worked on procedures in attempts to keep all participants and non-participants safe, and to help reduce the spread of the coronavirus by:

- Meet Format will be modified traditional- timed warm-ups immediately preceding competition on each event.
- Limiting gymnasts in each session and limiting spectators while following state recommendations on distancing guidelines.
- Posting signs stating those individuals who have symptoms of Covid-19 should not enter.
- Recommending masks for all participants and spectators.
- All volunteer workers will be masked as part of our safety protocol
- Providing hand sanitizer at entrances and on each event so gymnasts can use it before and after touching equipment.
- Keeping teams in own squad if possible; or, allowing block touch on vault and floor if there is more than 1 team in a squad, so they can remain separate.
- Cleaning mats and high touch areas as well as using our ventilation (60,000 cfm) system between sessions.
- Keeping meet staff to low numbers while keeping the meet running effectively.
- Leaving time between sessions to allow attendees from one session to leave before the next arrive.
- Concessions will be limited.

## **For Gymnasts**

- Gymnasts should bring clearly marked personal water bottles and can bring their individual chalk bags.
- Coaches and gymnasts should wear masks unless on equipment.
- Individually prepared meals for coaches and judges provided by local businesses.

## **Refund Policy:**

- We will refund the meet fees if gymnasts scratch 2 weeks before competition with a doctor's note or if our meet will be canceled by Governor's order due to Covid-19.